# 2005 Toll-Free Numbers

for Health Information

These selected toll-free numbers for organizations provide health-related information, education, and support. These organizations DO NOT diagnose or recommend treatment for any disease. Some of the organizations use recorded messages; others provide personalized counseling and referrals. Most offer educational materials; some charge handling fees.

Organizations that provide crisis assistance are listed under the heading of Crisis Intervention. The Rare Disorders category includes diseases and disorders that affect less than I percent of the population at any given time. Groups in the Professional Organizations section offer consumer information.

Unless otherwise stated, numbers listed operate on eastern standard time and can be reached within the continental United States 24 hours a day, 7 days a week.

Inclusion of an information source in this publication does not imply endorsement by the U.S. Department of Health and Human Services.

This document is available from the Internet at www.health.gov/NHIC/Pubs/. To order printed copies of this publication, contact the ODPHP Communication Support Center, P.O. Box 37366, Washington, DC 20013-7366; fax (301) 468-3028.

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Office of Disease Prevention and Health Promotion U.S. Department of Health and Human Services







#### **ADOPTION**

# **Bethany Christian Services**

(800) 238-4269 Crisis hotline

# **National Adoption Center**

(800) TO-ADOPT (862-3678) 9:00 a.m.-5:00 p.m., Monday-Friday

#### **AGING**

#### **American Health Assistance Foundation**

(800) 437-2423 9:00 a.m.-5:00 p.m., Monday-Friday

#### **Eldercare Locator**

(800) 677-1116 9:00 a.m.-8:00 p.m., Monday-Friday

# National Institute on Aging Information Center

(800) 222-2225 (800) 222-4225 (TTY) 8:30 a.m.-5:00 p.m., Monday-Friday

#### AIDS/HIV

#### AIDS Info.

(800) 448-0440 (888) 480-3739 (TTY) 12:00 p.m.-5:00 p.m., Monday-Friday, (eastern time)

# CDC National Prevention Information Network

(800) 458-5231 (English/Spanish) (800) 243-7012 (TTY) (888) 282-7681 (Fax on Demand) 9:00 a.m.-8:00 p.m., Monday-Friday (eastern time)

#### **CDC National STD/AIDS Hotlines**

(800) 227-8922 English (STD) (800) 342-2437 English (AIDS) (800) 344-7432 Spanish (AIDS) (800) 243-7889 (TTY) English: 24 hours/7 days a week; Spanish: 8:00 a.m.-2:00 a.m., 7 days a week (eastern time); TTY: 10:00 a.m.-10:00 p.m., Monday-Friday (eastern time)

### **HIV/AIDS Treatment Information Service**

(800) HIV-0440 9:00 a.m.-7:00 p.m. All calls are confidential.

# Project Inform National HIV/AIDS Treatment Hotline

(800) 822-7422 9:00 a.m.-5:00 p.m., Monday-Friday (Pacific time) 10:00 a.m.-4:00 p.m., Saturday (Pacific time)

### **ALCOHOL ABUSE**

See also DRUG ABUSE

### **ADCARE Hospital Helpline**

(800) 252-6465

## **Al-Anon Family Group Headquarters**

(888) 4AL-ANON (425-2666) 8:00 a.m.-6:00 p.m., Monday-Friday

# **Alcohol and Drug Helpline**

(800) 821-4357

### **American Council on Alcoholism**

(800) 527-5344 9:00 a.m.-5:00 p.m., Monday-Friday

### **Calix Society**

(800) 398-0524 9:00 a.m.-4:00 p.m., Monday-Friday (central time)

# National Council on Alcoholism and Drug Dependence, Inc.

(800) NCA-CALL (622-2255)

# SAMHSA's National Clearinghouse for Alcohol and Drug Information

(800) 729-6686 (800) 487-4889 (TTY/TDD) 8:30 a.m.-6:00 p.m., Monday-Friday

#### ALLERGY/ASTHMA

See LUNG DISEASE/ASTHMA/ALLERGY

### Food Allergy and Anaphylaxis Network

(800) 929-4040 9:00 a.m.-5:00 p.m., Monday-Friday



### National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE) (800) 552-5864 (LUNG FACTS) 8:00 a.m.-5:00 p.m. (mountain time) LUNG FACTS, a companion to LUNG LINE, is a 24-hour, 7-day-a-week automated information service.

# ALZHEIMER'S DISEASE

See also AGING

#### **Alzheimer's Association**

(800) 272-3900

The information and referral line is available 24 hours; operators staff the line 8:00 a.m.-5:00 p.m. (central time). Voicemail available after hours.

# Alzheimer's Disease Education and Referral Center

(800) 438-4380 8:30 a.m.-5:00 p.m., Monday-Friday

### **ARTHRITIS**

# **American Juvenile Arthritis Organization**

(800) 283-7800

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Arthritis Foundation: Arthritis Answers Information Hotline

(800) 283-7800

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### Lyme Disease Foundation, Inc.

(800) 886-5963

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **AUDIOVISUALS**

See LIBRARY SERVICES

#### **AUTISM**

See CHILD DEVELOPMENT/PARENTING

### **AUTOIMMUNE DISEASES**

# American Autoimmune Related Diseases Association, Inc.

(800) 598-4668

10:00 a.m.-5:00 p.m, Monday-Friday

# National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **BLINDNESS**

See VISION

#### **BONE MARROW**

See also CANCER

# Aplastic Anemia and MDS International Foundation, Inc.

(800) 747-2820

8:00 a.m.-4:30 p.m., Monday-Friday (eastern time)

#### **BONE DISEASE**

# Osteoporosis and Related Bone Diseases~National Resource Center

(800) 624-2663

#### **BRAIN TUMORS**

#### **American Brain Tumor Association**

(800) 886-2282

9:00 a.m.-5:00 p.m., Monday-Friday (central time)





### **Brain Tumor Society**

(800) 770-TBTS

### Children's Brain Tumor Foundation

(866) 228-HOPE (4673)

### **National Brain Tumor Foundation**

(800) 934-CURE

### **CANCER**

# American Cancer Society, National Cancer Information Center

(800) 227-2345 (Voice/TDD/TTY)

#### **American Institute for Cancer Research**

(800) 843-8114

8:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

### **Cancer Hope Network**

(877) HOPENET (467-3638) 9:00 a.m.-5:30 p.m., Monday-Friday (eastern time) Voicemail available 24 hours

# Candlelighters Childhood Cancer Foundation

(800) 366-2223 10:00 a.m.-4:00 p.m., Monday-Friday

#### **Kidney Cancer Association**

(800) 850-9132

9:00 a.m.-5:00 p.m., Monday-Friday (central time)

# National Bone Marrow Transplant Link

(800) LINK-BMT (546-5268)

# National Cancer Institute's Cancer Information Service

(800) 4-CANCER (422-6237) 9:00 a.m.-4:30 p.m., Monday-Friday Recorded information available 24 hours.

### National Marrow Donor Program®

(800) MARROW-2 (627-7692)

Professional staff answer questions from 8:00 a.m.-5:00 p.m. (central time); voicemail available 24 hours.

# Susan G. Komen Breast Cancer Foundation

(800) 462-9273

### **Us Too! International**

(800) 808-7866 9:00 a.m.-5:00 p.m., Monday-Friday (central time)

# Y-ME National Breast Cancer Organization

(800) 221-2141 (English) (800) 986-9505 (Spanish) 24-hour hotline

### **CEREBRAL PALSY**

See RARE DISORDERS

#### CHEMICAL PRODUCTS/PESTICIDES

See also HOUSING

#### **National Pesticide Information Center**

(800) 858-7378 TDD capability 6:30 a.m.-4:30 p.m., 7 days a week (Pacific time) Voicemail available 24 hours.

# CHILD ABUSE/MISSING CHILDREN/ CHILDREN'S MENTAL HEALTH

#### Child Find of America, Inc.

(800) I-AM-LOST (426-5678) (800) A-WAY-OUT (292-9688) Parental abduction 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time) Voicemail available 24 hours.

#### Childhelp USA®

National Child Abuse Hotline (800) 4-A-CHILD (422-4453)

#### **Covenant House Nineline**

(800) 999-9999



# Girls & Boys Town National Hotline

(800) 448-3000 (800) 448-1833 (TDD) Spanish speaking operators are available.

# National Center for Missing and Exploited Children

(800) THE-LOST (843-5678) (800) 826-7653 (TDD)

# National Clearinghouse on Child Abuse and Neglect Information

(800) 394-3366 8:30 a.m.-5:30 p.m., Monday-Friday (eastern time)

#### **National Institute of Mental Health**

(866) 615-6464 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

# **National Runaway Switchboard**

(800) 621-4000 (800) 621-0394 (TDD) Has access to AT&T Language Line

#### **National Youth Crisis Hotline**

(800) 448-4663

#### CHILD DEVELOPMENT/PARENTING

# Back to Sleep SIDS Information Campaign

National Institute of Child Health and Human Development

(800) 505-CRIB (2742) 8:30 a.m.-5:00 p.m., Monday-Friday, except Federal holidays (eastern time)

#### **Human Growth Foundation**

(800) 451-6434

### MAGIC Foundation for Children's Growth

(800) 362-4423

# National Association for the Education of Young Children

(800) 424-2460 9:00 a.m.-5:00 p.m. (eastern time) Voicemail available after hours.

# National Organization on Fetal Alcohol Syndrome

(800) 66-NOFAS (666-6327) All calls will receive a response. Voicemail available after hours.

### National Institute of Child Health and Human Development Information Resource Center

(800) 370-2943 8:30 a.m.-5:00 p.m., Monday-Friday, except Federal holidays (eastern time)

# Starlight Starbright Children's Foundation

(800) 274-7827 9:00 a.m.-5:00 p.m., Monday-Friday(Pacific time)

# Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301 9:00 a.m.-5:00 p.m., Monday-Friday

#### **CHRONIC FATIGUE SYNDROME**

See RARE DISORDERS

### **CRISIS INTERVENTION**

All operate 24 hours/7 days a week.

#### **A-WAY-OUT**

(800) 292-9688

Provides unique crisis mediation program for parents contemplating abduction of their children, or who have already abducted their children and want to use Child Find Volunteer Family Mediators to resolve their custody dispute.

#### Childhelp USA®

National Child Abuse Hotline (800) 4-A-CHILD (422-4453)

Provides multilingual crisis intervention on child abuse and domestic violence issues. Gives referrals to local agencies offering counseling and other services related to child abuse, adult survivor issues, and domestic violence. Provides literature on child abuse in English and Spanish. Calls are anonymous, toll-free, and counselors are paid, degreed professionals.





#### **Covenant House Nineline**

(800) 999-9999

Crisis line for youth, teens, and families. Locally based referrals throughout the United States. Help for youth and parents regarding drugs, abuse, homelessness, runaway children, and message relays.

### **Girls & Boys Town National Hotline**

(800) 448-3000 (800) 448-1833 (TTD)

Provides short-term intervention and counseling and refers callers to local community resources. Counsels on parent-child conflicts, family issues, suicide, pregnancy, runaway youth, physical and sexual abuse, and other issues that impact children and families. Spanish-speaking operators are available. TDD capability.

# National Center for Missing and Exploited Children

(800) 843-5678 (800) 826-7653 (TDD)

Operates a hotline for reporting missing children and sightings of missing children. Offers assistance and training to law enforcement agents. Takes reports of sexually exploited children. Serves as the National Child Porn TipLine. Provides books and other publications on prevention and issues related to missing and sexually exploited children. Ability to serve callers in over 140 languages.

# **National Runaway Switchboard**

(800) 621-4000 (800) 621-0394 (TDD)

Provides crisis intervention and travel assistance information to runaways. Gives referrals to shelters nationwide. Also relays messages to, or sets up conference calls with, parents at the request of the child. Has access to AT&T Language Line.

#### **National Youth Crisis Hotline**

(800) 448-4663

Provides counseling and referrals to local drug treatment centers, shelters, and counseling services. Responds to youth dealing with pregnancy, molestation, suicide, and child abuse.

### Rape, Abuse, and Incest National (RAIN) Network

(800) 656-4673

Connects caller to the nearest counseling center that provides counseling for rape, abuse, and incest victims.

### **CYSTIC FIBROSIS**

See RARE DISORDERS

### **DIABETES/DIGESTIVE DISEASES**

# American Association of Diabetes Educators

(800) 338-3633

### **American Diabetes Association**

(800) 342-2383 (800) ADA-ORDER (Fax, Order Fulfillment) 8:30 a.m.-5:00 p.m., Monday-Friday

# Crohn's and Colitis Foundation of America, Inc.

(800) 932-2423 (800) 343-3637 (Warehouse) 9:00 a.m.-5:00 p.m. Voicemail available after hours. Warehouse is open 8:00 a.m.-5:00 p.m.

#### **Division of Diabetes Translation**

National Center for Chronic Disease Prevention and Health Promotion, CDC (877) CDC-DIAB (232-3422) 8:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Juvenile Diabetes Foundation International Hotline

(800) 223-1138 9:00 a.m.-5:00 p.m., Monday-Friday



# DISABLING CONDITIONS/DISABILITIES ACCESS

#### **ADA Information Center**

(800) 949-4232 (Voice/TTY) 8:30 a.m.-5:00 p.m., Monday-Friday

# Americans with Disabilities Act Information Line

(800) 514-0301 (800) 514-0308 (TTY)

ADA specialists available 10 a.m.-6:00 p.m. on Monday, Tuesday, Wednesday, and Friday and 1:00 p.m.-6:00 p.m. on Thursday.

#### Children's Craniofacial Association

(800) 535-3643

9:00 a.m.-5:00 p.m., Monday-Friday (central time)

# **Easter Seal Society**

(800) 221-6827 8:30 a.m.-5:00 p.m., Monday-Friday (central time)

# FACES: The National Craniofacial Association

(800) 332-2373

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Families of Spinal Muscular Atrophy

(800) 886-1762

7:00 a.m.-3:00 p.m., Monday-Friday (central time)

#### **Job Accommodation Network**

(800) ADA-WORK (232-9675) (Voice/TTY)

(800) 526-7234 (Voice/TTY)

Services available in English, Spanish, and French. 8:00 a.m.-8:00 p.m., Monday-Thursday; 8:00 a.m.-7:00 p.m., Friday (eastern time)

# National Dissemination Center for Children with Disabilities

(800) 695-0285 (Voice/TTY)

# National Rehabilitation Information Center

(800) 346-2742 (Voice/TDD) 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **Scoliosis Association**

(800) 800-0669 9:00 a.m.-5:00 p.m.

#### **DOWN SYNDROME**

See RARE DISORDERS

#### DRINKING WATER SAFETY

### **Safe Drinking Water Hotline**

(800) 426-4791

Information provided in English and Spanish. 9:00 a.m.-5:30 p.m., weekdays, except Federal holidays.

#### **DRUG ABUSE**

See also ALCOHOL ABUSE and SUBSTANCE ABUSE

# **Drug-Free Workplace Helpline**

(800) 967-5752

9:00 a.m.-5:30 p.m., Monday-Friday (eastern time)

#### **Drug Help**

(800) 488-DRUG (3784)

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time). General information and referrals. 24 hours via Web site only. All inquiries are responded to within 48 hours.

### **Drug Policy Information Clearinghouse**

White House Office of National Drug Policy Control (800) 666-3332

10:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

### Housing and Urban Development Drug Information and Strategy Clearinghouse

(800) 955-2232

9:00 a.m.-6:00 p.m., Monday-Friday

# Parents Resource Institute for Drug Education (PRIDE)

(800) 279-6361 (Surveys) (800) 668-9277 (Youth Program) 8:30 a.m.-4:30 p.m., Monday-Friday



#### **DWARFISM**

### **Human Growth Foundation**

(800) 451-6434

#### **DYSLEXIA**

See LEARNING DISORDERS

#### **ENDOMETRIOSIS**

See WOMEN

#### **ENVIRONMENT**

# Environmental Justice Information Line U.S. Environmental Protection Agency

(800) 962-6215 (English and Spanish) 8:00 a.m.-5:30 p.m., Monday-Friday (eastern time)

# Indoor Air Quality Information Clearinghouse

(800) 438-4318

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time). Voicemail service is available 24 hours/7 days a week.

# National Hispanic Indoor Air Quality Helpline

(800) SALUD-12 (725-8312)

9:00 a.m.-6:00 p.m., Monday-Friday (eastern time) After business hours, consumers may leave a message and have their call returned the next day during business hours.

#### **EPILEPSY**

See RARE DISORDERS

#### **ESSENTIAL TREMOR**

# International Essential Tremor Foundation

(888) 387-3667

9:00 a.m.-4:30 p.m., Monday-Friday (central time)

#### **ETHICS**

# Joseph and Rose Kennedy Institute of Ethics

National Reference Center for Bioethics Literature (800) 633-3849

9:00 a.m.-5:00 p.m., Monday, Wednesday, Thursday, Friday (academic year only); 9:00 a.m.-9:00 p.m., Tuesday; 12:00 noon.-5:00 p.m., Saturday, except summers and holidays. 9:00 a.m.-5:00 p.m. during the summer.

#### FIRE PREVENTION

#### **National Fire Protection Association**

(800) 344-3555 (Customer Service) 7:30 a.m.-8:00 p.m., Monday-Friday

#### **FITNESS**

### Aerobics and Fitness Foundation of America

(800) 446-2322 (For Professionals) (800) 968-7263 (Consumer Hotline)

#### **American Council on Exercise**

(800) 825-3636

# **American Running Association**

(800) 776-2732

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677

8:00 a.m.-4:30 p.m., Monday-Friday (central time); Voicemail available after hours.

## Weight Control Information Network

National Institute of Diabetes and Digestive and Kidney Diseases

(877) 946-4627

#### YMCA of the USA

(800) 872-9622

8:30 a.m.-5:00 p.m., Monday-Friday (central time)



#### **FOOD SAFETY**

# Center for Food Safety and Applied Nutrition

(888) SAFEFOOD (723-3366) 10:00 a.m.-4:00 p.m., Monday-Friday, except Federal holidays (eastern time)

# **U.S.D.A.** Meat and Poultry Hotline

(888) MPHotline (674-6854) (800) 256-7072 (TTY) 10:00 a.m.-4:00 p.m., Monday-Friday; 8:00 a.m.-2:00 p.m. on Thanksgiving (eastern time)

#### **U.S. Fish & Wildlife Service**

(800) 344-WILD (344-9453) 8:00 a.m.-8:00 p.m., Monday-Friday (eastern time)

# GAY, LESBIAN, BISEXUAL, TRANSGENDER HEALTH

# **Foster Care Helpline**

(866) 542-8336 x235 6:00 a.m.-2:30 p.m., Monday-Friday (Pacific time); Voicemail available 24 hours.

# Gay, Lesbian, Bisexual, and Transgender Helpline

(888) 340-4528 6:00 p.m.-11:00 p.m., Monday-Friday; 5:00 p.m.-7:00 p.m., Saturday and Sunday (eastern time)

# **Gay & Lesbian National Hotline**

(888) 843-4564 4:00 p.m.-12:00 a.m., Monday-Friday; 12:00 p.m.-5:00 p.m., Saturday (eastern time)

# **National Center for Lesbian Rights**

(800) 528-6257 (Youth Legal Information Line) 9:00 a.m.-5:00 p.m., Monday-Friday (Pacific time)

### **Peer Listening Line**

(800) 399-7337 5:00 p.m.-10:00 p.m., Monday-Friday (eastern time)

### **Trevor Helpline**

(800) 850-8078 Confidential hotline

#### GENERAL HEALTH

# Agency for Healthcare Research and Quality Clearinghouse

(800) 358-9295 8:00 a.m.-5:00 p.m., Monday-Friday

# American Chiropractic Association

(800) 986-4636

# American Osteopathic Association

(800) 621-1773

# American Podiatric Medical Association, Inc.

(800) 366-8227 (Recording)

# **Angle Flight**

(877) 247-5433

# Health Resources and Services Administration Information Center

(888) 275-4772 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### MedicAlert Foundation

(800) 432-5378

# Mercy Medical Airlift/National Patient Travel Center

(800) 296-1217

# National Center for Complementary and Alternative Medicine Clearinghouse

(888) 644-6226 (Voice and faxback) (866) 464-3615 (TTY) 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **National Health Information Center**

(800) 336-4797

9:00 a.m.-5:30 p.m., Monday-Friday (eastern time)



# **National Health Service Corps**

(800) 221-9393

Scholarships/Loan Repayment & Job Opportunities in underserved areas

# National Hispanic Family Health Helpline

(866) SU-FAMILIA (783-2645) 9:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

# Office for Civil Rights

U.S. Department of Health and Human Services (800) 368-1019 (Recording) 8:00 a.m.-5:30 p.m., Monday-Friday (eastern time)

### **U.S. Food and Drug Administration**

(800) 332-1088 (MedWatch) (888) 463-6332 (Consumer Inquiries)

# **Well Spouse Foundation**

(800) 838-0879 10:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **GENETIC DISEASES**

#### **Genetic Alliance**

(800) 336-4363

# Genetic and Rare Diseases Information Center

(888) 205-2311 (888) 205-3223 (TTY) 12:00 p.m.-6:00 p.m., Monday-Friday (eastern time)

#### March of Dimes Birth Defects Foundation

(888) 663-4637 (800) 925-1855 (Spanish)

#### **HEADACHE/HEAD INJURY**

# American Council for Headache Education

(800) 255-ACHE (2243) 8:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### **Brain Injury Association, Inc.**

(800) 444-6443 (Family Helpline)

### **National Headache Foundation**

(888) 643-5552

# **HEALTHY WEIGHT/WEIGHT LOSS**

# TOPS (Taking Off Pounds Sensibly) Club, Inc.

(800) 932-8677 8:00 a.m.-4:30 p.m., Monday-Friday (central time); Voicemail available after hours.

# **Weight Control Information Network**

National Institute of Diabetes and Digestive and Kidney Diseases (877) 946-4627

#### **HEARING AND SPEECH**

# **American Society for Deaf Children**

(800) 942-2732

# American Speech-Language-Hearing Association

(800) 638-8255 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **DB-LINK**

(National Information Clearinghouse on Children Who Are Deaf-Blind) (800) 438-9376 (800) 854-7013 (TTY)

# Dial A Hearing Screening Test (Occupational Hearing Services)

(800) 222-3277 (Voice/TTY) 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### Ear Foundation at Baptist Hospital, The

(800) 545-4327

8:30 a.m.-4:30 p.m. (central time); Voicemail available after hours.

#### **Hear Now**

(800) 648-4327 (Voice/TDD)

### **John Tracy Clinic**

(800) 522-4582 (Voice/TDD) 8:00 a.m.-4:00 p.m., Monday-Friday (Pacific time) Voicemail available after hours.



# **International Hearing Society**

(800) 521-5247 (Recording)

### National Family Association for Deaf-Blind

(800) 255-0411 x275 (Voice and TTY) 8:45 a.m.-4:30 p.m., Monday-Friday (eastern time)

### National Institute on Deafness and Other Communication Disorders Information Clearinghouse

(800) 241-1044 (800) 241-1055 (TTY) 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **Vestibular Disorders Association**

(800) 837-8428 8:00 a.m.-5:00 p.m., Monday-Friday (Pacific time); Voicemail available 24 hours

### **HEART DISEASE**

#### **American Heart Association**

(800) 242-8721

#### **Heart Information Service**

(800) 292-2221 7:00 a.m.-6:00 p.m. (central time); Voicemail available after hours.

### National Heart, Lung, and Blood Institute Health Information Center

(800) 575-9355 (High Blood Pressure and Cholesterol Information Hotline)

Recorded information on high blood pressure and high blood cholesterol in English and Spanish.

### **HISTIOCYTOSIS**

See RARE DISORDERS

#### **HOMELESSNESS**

# National Resource Center on Homelessness and Mental Illness

(800) 444-7415 8:30 a.m.-5:00 p.m., Monday-Friday

#### HORMONAL DISORDERS

# **American Thyroid Association**

(800) 849-7643

# Thyroid Foundation of America, Inc.

(800) 832-8321

#### **HOSPITAL/HOSPICE CARE**

# Children's Hospice International

(800) 242-4453

9:00 a.m.-5:30 p.m., Monday-Friday (eastern time)

# Hill-Burton Free Medical Care Program

(800) 638-0742 (800) 492-0359 (in MD) 9:30 a.m.-5:30 p.m., voicemail available after hours.

# National Association of Hospital Hospitality Houses, Inc.

(800) 542-9730 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

# National Hospice and Palliative Care Organization

(800) 658-8898 9:00 a.m.-5:00 p.m.

# Shriners Hospital for Children Referral Line

(800) 237-5055 8:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### HOUSING

See also CHEMICAL PRODUCTS/PESTICIDES and LEAD



# **Housing and Urban Development User**

(800) 245-2691 (800) 483-2209 (TDD) 8:30 a.m.-5:15 p.m., Monday-Friday

#### **HUNTINGTON'S DISEASE**

See RARE DISORDERS

### **IMMUNIZATION**

# National Immunization Information Hotline

Centers for Disease Control and Prevention (800) 232-2522 (800) 232-0233 (Spanish) (800) 243-7889 (TTY)

### **IMPOTENCE**

# Impotence Information Center

(800) 328-3881 9:00 a.m.-4:30 p.m., Monday-Friday (central time); Voicemail available after hours.

#### INSURANCE/MEDICARE/MEDICAID

#### **HHS Inspector General's Hotline**

(800) 447-8477 8:00 a.m.-5:00 p.m., Monday-Friday

#### **Insure Kids Now!**

Health Resources and Services Administration (877) 543-7669 8:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **Medicare Issues Hotline**

(800) 633-4227 (800) 820-1202 (TDD/TTY) 8:00 a.m.-8:00 p.m. (central time)

#### **Pension Benefit Guaranty Corporation**

(800) 400-PBGC (7242) 8:00 a.m.-5:00 p.m., Monday-Friday

# **Social Security Administration**

(800) 772-1213 7:00 a.m.-7:00 p.m., Monday-Friday

### **JUSTICE**

# National Criminal Justice Reference Service

(800) 851-3420 8:30 a.m.-7:00 p.m., voicemail available after hours.

#### KIDNEY DISEASE

See UROLOGICAL DISORDERS

### **LEAD**

See also HOUSING

#### **National Lead Information Center**

(800) 424-5323 (Clearinghouse) (800) 877-8339 (TDD)

#### **LEARNING DISORDERS**

# Children and Adults with Attention Deficit/Hyperactivity Disorders

(800) 233-4050 8:00 a.m.-5:30 p.m., Monday-Friday

### International Dyslexia Association, The

(800) 222-3123 (Recording and mail box) 8:30 a.m.-4:30 p.m., Monday-Friday (eastern time)

### LIBRARY SERVICES

# Captioned Media Program, The National Association for the Deaf

(800) 237-6213 (800) 237-6819 (TTY) (800) 538-5636 (Fax) 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)



# National Library of Medicine, National Institutes of Health

(888) 346-3656

# National Library Service for the Blind and Physically Handicapped

(800) 424-8567

# Recording for the Blind and Dyslexic

(800) 221-4792

### **LIVER DISEASES**

#### **American Liver Foundation**

(800) 223-0179

# **Hepatitis Foundation International**

(800) 891-0707

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### LUNG DISEASE/ASTHMA/ALLERGY

# **American Lung Association**

(800) 586-4872

(800) 528-2971 (Living Bank)

# Asthma and Allergy Foundation of America

(800) 7-ASTHMA (727-8462) 9:00 a.m.-5:00 p.m. (eastern time)

### **Asthma Information Line**

(800) 822-2762

### National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE)

(800) 552-5864 (LUNG FACTS)

8:00 a.m.-5:00 p.m., Monday-Friday (mountain time) LUNG FACTS, a companion to LUNG LINE, is a 24 hour/7 day a week automated information service.

### MATERNAL AND CHILD HEALTH

# La Leche League International

(800) La Leche (525-3243) 9:00 a.m.-5:00 p.m., Monday-Friday (central time)

# **National Hispanic Prenatal Helpline**

(800) 504-7081

9:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

# National Life Center/Pregnancy Hotline

(800) 848-5683

### National Institute of Child Health and Human Development Information Resource Center

(800) 370-2943

8:30 a.m.-5:00 p.m., Monday-Friday, except Federal holidays (eastern time)

## **Prenatal Care Hotline**

(800) 311-BABY (2229) (English) (800) 504-7081 (Spanish)

# Zero to Three: National Center for Infants, Toddlers and Families

(800) 899-4301

#### **MEDICARE/MEDICAID**

See INSURANCE/MEDICARE/MEDICAID

### **MENTAL HEALTH**

See also CHILD ABUSE/MISSING CHILDREN/ CHILDREN'S MENTAL HEALTH

### ARC of the United States, The

(800) 433-5255

### **National Alliance for the Mentally Ill**

(800) 950-6264 Helpline



# **National Council on Problem Gambling**

(800) 522-4700

# National Foundation for Depressive Illness

(800) 239-1265 (Recording)

#### **National Gaucher Foundation**

(800) 925-8885

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# **National Hopeline Network**

(800) SUICIDE (784-2433)

#### **National Institute of Mental Health**

(866) 615-6464

8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

# National Mental Health Association Resource Center

(800) 969-6642 (800) 433-5959 (TTY)

### SAMHSA's National Mental Health Information Center

(800) 789-2647 (866) 889-2647 (TDD)

8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### MINORITY HEALTH

### National Hispanic Family Health Helpline

(866) SU-FAMILIA (783-2645) 9:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

# National Hispanic Indoor Air Quality Helpline

(800) SALUD-12 (725-8312)

9:00 a.m.-6:00 p.m., Monday-Friday (eastern time) Voicemail available after hours; all calls will receive a response.

# **National Hispanic Prenatal Helpline**

(800) 504-7081

9:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

# Office of Minority Health Resource Center

(800) 444-6472

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### **NUTRITION**

# American Dietetic Association's Consumer Nutrition Hotline

(800) 366-1655

#### **American Institute for Cancer Research**

(800) 843-8114

8:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

# **National Dairy Council**

(800) 426-8271

(800) 974-6455 (Fax)

### **ORAL HEALTH**

#### **American Dental Association**

(800) 947-4746

(800) 621-8099 (Public Information)

#### ORGAN DONATION

See also VISION and UROLOGICAL DISORDERS

#### Living Bank, The

(800) 528-2971

7:30 a.m.-4:30 p.m. (central time)

### National Marrow Donor Program®

(800) MARROW-2 (627-7692)

Professional staff answer questions from 8:00 a.m.-5:00 p.m. (central time); voicemail available 24 hours.

# **United Network for Organ Sharing**

(888) TXINFOI (894-6361)

#### PARALYSIS AND SPINAL CORD INJURY

See also STROKE

### **Christopher Reeve Paralysis Association**

(800) 225-0292



# National Rehabilitation Information Center

(800) 346-2742 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# **National Spinal Cord Injury Association**

(800) 962-9629

8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

# **Paralyzed Veterans of America**

(800) 424-8200 (800) 232-1782 Healthcare Hotline

(800) 416-7622 (TDD)

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### PARKINSON'S DISEASE

# American Parkinson's Disease Association

(800) 223-2732 9:00 a.m.-5:00 p.m. Voicemail available after hours.

### National Parkinson Foundation, Inc.

(800) 327-4545

8:00 a.m.-5:00 p.m., Monday-Friday (eastern time); Voicemail available after hours.

# **Parkinson's Disease Foundation**

(800) 457-6676 9:00 a.m.-5:00 p.m., Monday-Friday

#### **PESTICIDES**

See CHEMICAL PRODUCTS/PESTICIDES

### **POISON CONTROL**

# American Association of Poison Control Centers

(800) 222-1222

Provides universal, nationwide access to certified regional poison centers. Callers are automatically connected to nurses, pharmacists, and doctors at the closest poison center for free, confidential poison treatment and prevention advice.

#### PRACTITIONER REPORTING

# **USP Practitioners Reporting Network**

(800) 487-7776 (800) 233-7767 (Medication error) 9:00 a.m.-4:30 p.m., Monday-Friday. Medication error telephone number records information 24 hours a day.

### PREGNANCY/MISCARRIAGE

### **Bradley Method of Natural Childbirth**

(800) 422-4784 9:00 a.m.-5:00 p.m. (Pacific time). Voicemail available after hours.

#### **DES Action USA**

(800) DES-9288 (337-9288) 9:00 a.m.-3:00 p.m. (Pacific time)

# International Childbirth Education Association

(800) 624-4934 (Book Center orders) 8:00 a.m.-4:30 p.m. (central time) Summers: 8:00 a.m.-1:00 p.m., Fridays

#### Lamaze International

(800) 368-4404 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### **Liberty Godparent Home**

(800) 542-4453 Hotline

#### **National Abortion Federation**

(800) 772-9100 8:00 a.m.-10:00 p.m., Monday-Friday; 9:00 a.m.-5:00 p.m., Saturday-Sunday (eastern time)

# **National Hispanic Prenatal Helpline**

(800) 504-7081

9:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

#### **PROFESSIONALS**

# Americans with Disabilites Act Information Center

(800) 949-4232 (Voice/TTY) 8:30 a.m.-5:00 p.m.





# **Alliance for Aging Research**

(800) 639-2421 9:00 a.m.-5:00 p.m., voicemail available 24-hours

# American Academy of Allergy, Asthma and Immunology

(800) 822-2762 (central time)

# American Alliance for Health, Physical Education, Recreation & Dance

(800) 213-7193 8:00 a.m.-4:30 p.m. (eastern time)

# American Association of Critical Care Nurses

(800) 899-2226

# **American Council for the Blind**

(800) 424-8666

# **American Counseling Association**

(800) 347-6647

#### **American Nurses Association**

(800) 274-4ANA (4262)

# American Occupational Therapy Association

(800) SAY-AOTA (729-2682) (800) 377-8555 (TDD)

(800) 701-7735 (Fax-on-Request)

# **Arthritis National Research Foundation**

(800) 588-2873

# Association for Applied Psychophysiology and Biofeedback

(800) 477-8892

# Association of American Physicians and Surgeons

(800) 635-1196

# **Association of Operating Room Nurses**

(800) 755-2676

# CDC National Prevention Information Network

(800) 458-5231 (English/Spanish)

(800) 243-7012 (TTY)

(888) 282-7681 (Fax on Demand)

9:00 a.m.-8:00 p.m., Monday-Friday (eastern time)

# **College of American Pathologists**

(800) 323-4040

### **Dystonia Medical Research Foundation**

(800) 377-3978

9:00 a.m.-5:00 p.m., Monday-Friday (central time)

# **Federal Emergency Management Agency**

(800) 879-6076

8:00 a.m.-4:30 p.m., Monday-Friday

### Federal Information Center, GSA

(800) 688-9889

(800) 326-2996 (TTY)

### **Glaucoma Research Foundation**

(800) 826-6693

#### **Immune Deficiency Foundation**

(800) 296-4433

# International Childbirth Education Association

(800) 624-4934

### **International Chiropractors Association**

(800) 423-4690

### **Leukemia & Lymphoma Society**

(800) 955-4572

9:00 a.m.-6:00 p.m., Monday-Friday (eastern time)

#### **Lighthouse International**

Lighthouse Center for Education, Information and Resource Service

(800) 829-0500

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### **Medical Institute for Sexual Health**

(800) 892-9484 (publication orders only)

### National Center for HIV, STD, and TB Prevention, Centers for Disease Control and Prevention

(888) CDC-FACT (232-3228)

# National Child Care Information Center, ACF

(800) 616-2242 (800) 516-2242 (TTY) (800) 716-2242 (Fax) 8:30 a.m.-5:30 p.m., Wednesdays, 8:30 a.m.-8:00 p.m.

# National Clearinghouse of Rehabilitation Training Materials

(800) 223-5219

# National Institute for Occupational Safety and Health Information Inquiry Service

(800) 356-4674

### National Jewish Medical and Research Center

(800) 222-5864 8:00 a.m.-5:00 p.m, Monday-Friday. (mountain time)

#### **National Pediculosis Association**

(800) 446-4672 8:30 a.m.-4:30 p.m., voicemail available 24 hours.

# National Resource Center on Domestic Violence

(800) 537-2238 (800) 553-2508 (TTY) 8:00 a.m.-5:00 p.m., voicemail available 24 hours

#### **National Technical Information Service**

(800) 553-6847 8:00 a.m.-6:00 p.m., Monday-Friday

### **Prevent Child Abuse America**

(800) 556-2722 (Recording)

### **Research to Prevent Blindness**

(800) 621-0026 9:00 a.m.-5:00 p.m.

#### **School Nutrition Association**

(800) 877-8822 8:30 a.m.-5:30 p.m., Monday-Friday (eastern time)

#### **RADIATION**

# National Association of Radiation Survivors

(800) 798-5102

### RARE DISEASES/DISORDERS\*

\*A rare disorder is defined as a disorder that affects less than I percent of the population at any given time.

# American Behcet's Disease Association

(800) 723-4238

# American Cleft Palate-Craniofacial Association/Cleft Palate Foundation

(800) 242-5338 (Parent Hotline Only)

# American Leprosy Missions (Hansen's Disease)

(800) 543-3135 8:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **American SIDS Institute**

(800) 232-7437

# Amyotrophic Lateral Sclerosis Association (ALS, Lou Gehrig's Disease)

(800) 782-4747 7:30 a.m.-4:00 p.m. (Pacific time) Voicemail available after hours.

# Batten's Disease Support and Research Association

(800) 448-4570 8:00 a.m.-5:00 p.m. Recorded information available after hours.

### **Charcot-Marie-Tooth Association**

(800) 606-2682 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **CFIDS Association of America**

(800) 442-3437





### **Cooley's Anemia Foundation**

(800) 522-7222

# Cornelia de Lange Syndrome Foundation, Inc.

(800) 223-8355 (800) 753-2357 (U.S. and Canada) 8:00 a.m.-5:00 p.m. (eastern time) Voicemail available after hours.

### **Cystic Fibrosis Foundation**

(800) 344-4823

### **Epilepsy Foundation**

(800) 332-4050 (National Epilepsy Library)(800) 332-1000(800) 213-5821 (Publications)9:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

# **Epilepsy Information Service**

(800) 642-0500 (Voicemail available after hours) 8:00 a.m.-5:00 p.m.

# Fibromyalgia Network

(800) 853-2929 8:00 a.m.-4:00 p.m., Monday-Thursday (mountain time)

### **Genetic Alliance**

(800) 336-4363

# Genetic and Rare Diseases Information Center

(888) 205-2311 (888) 205-3223 (TTY) 12:00 p.m.-6:00 p.m., Monday-Friday (eastern time)

### **Histiocytosis Association of America**

(800) 548-2758

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time) Voicemail available 24 hours.

# Huntington's Disease Society of America, Inc.

(800) 345-4372 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### **International Rett Syndrome Association**

(800) 818-7388

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.

(888) ALS-1107 8:30 a.m.-4:30 p.m., Monday-Friday (central time)

# **Lupus Foundation of America**

(888) 385-8787

#### March of Dimes Birth Defects Foundation

(888) 663-4637 (800) 925-1855 (Spanish)

# **Multiple Sclerosis Association of America**

(800) 532-7667 (National Headquarters) 9:00 a.m.-8:00 p.m., Monday-Thursday; 9:00 a.m.-5:00 p.m., Friday (eastern time)

# **Multiple Sclerosis Foundation**

(800) 441-7055 9:00 a.m.-7:00 p.m., Monday-Friday (eastern time)

# **Muscular Dystrophy Association**

(800) 572-1717

# **Myasthenia Gravis Foundation**

(800) 541-5454

# **National Down Syndrome Congress**

(800) 232-6372

# National Down Syndrome Society Hotline

(800) 221-4602

### **National Fragile X Foundation**

(800) 688-8765

#### **National Hansen's Disease Programs**

(800) 642-2477

### **National Hemophilia Foundation**

(888) INFO-NHF (463-6643)

9:00 a.m.-5:00 p.m.

Summer: 9:00 a.m.-5:30 p.m., Monday-Thursday, 9:00 a.m.-3:00 p.m., Friday



# National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

### National Jewish Medical and Research Center

(800) 222-5864 (LUNG LINE) (800) 552-5864 (LUNG FACTS) 8:00 a.m.-5:00 p.m. (mountain time) LUNG FACTS, a companion to LUNG LINE, is a 24 hours/7 days a week automated information service.

# **National Lymphedema Network**

(800) 541-3259 8:00 a.m.-5:00 p.m. (Pacific time) Voicemail available 24 hours.

### **National Marfan Foundation**

(800) 8-MARFAN (862-7326)

# **National Multiple Sclerosis Society**

(800) 344-4867

# National Neurofibromatosis Foundation

(800) 323-7938

# National Organization for Albinism and Hypopigmentation

(800) 473-2310 Voicemail available 24 hours.

# National Organization for Rare Disorders

(800) 999-6673 9:00 a.m.-5:00 p.m. Voicemail available after hours.

# National Reye's Syndrome Foundation

(800) 233-7393 8:00 a.m.-5:00 p.m., Monday-Friday (eastern time) Voicemail available after hours.

# National Spasmodic Torticollis Association

(800) 487-8385 9:00 a.m.-5:00 p.m., Monday-Friday (Pacific time)

### Neurofibromatosis, Inc.

(800) 942-6825 Information Hotline Voicemail available 24 hours.

# Osteogenesis Imperfecta Foundation, Inc.

(800) 981-2663 9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Paget Foundation for Paget's Disease of Bone and Related Disorders

(800) 237-2438

# **Prader-Willi Syndrome Association**

(800) 926-4797

# **Restless Legs Syndrome Foundation**

(877) 463-6757

### **Scleroderma Foundation**

(800) 722-4673

# Sickle Cell Disease Association of America, Inc.

(800) 421-8453 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time) Voicemail available 24 hours.

#### **SIDS Alliance**

(800) 221-7437

# Sjogren's Syndrome Foundation, Inc.

(800) 475-6473 (voicemail only)

# Spina Bifida Association of America

(800) 621-3141

#### **Spondylitis Association of America**

(800) 777-8189 8:00 a.m.-5:00 p.m. (Pacific time) Voicemail available after hours.

#### **Sturge-Weber Foundation**

(800) 627-5482



# Support Organization for Trisomy 18, 13 and Related Disorders

(800) 716-SOFT (7638) Voicemail available 24 hours.

# **Tourette Syndrome Association, Inc.**

(800) 237-0717

# **Tuberous Sclerosis Alliance**

(800) 225-6872

# Turner Syndrome Society of the United States

(800) 365-9944 9:00 a.m.-5:00 p.m., Monday-Friday (central time)

# **United Cerebral Palsy Association**

(800) 872-5827

# **United Leukodystrophy Foundation**

(800) 728-5483 8:30 a.m.-5:00 p.m., 7days (central time)

# Wegener's Granulomatosis Association

(800) 277-9474

8:30 a.m.-5:00 p.m., Monday-Friday (central time)

#### Wilson's Disease Association

(800) 399-0266 Voicemail available 24 hours

# **REHABILITATION**

See also DISABLING CONDITIONS and PARALYSIS AND SPINAL CORD INJURY

#### **ABLEDATA**

(800) 227-0216 8:30 a.m.-5:30 p.m., Monday-Friday, except Federal holidays (eastern time)

# National Institute for Rehabilitation Engineering

(800) 736-2216

# **Phoenix Society for Burn Survivors**

(800) 888-2876

# **United Ostomy Association**

(800) 826-0826 6:30 a.m.-4:30 p.m., Monday-Thursday 6:30 a.m.-3:30 p.m., Friday (Pacific time)

### **RESTLESS LEGS SYNDROME**

See RARE DISORDERS

#### **SAFETY**

See also CHEMICAL PRODUCTS/PESTICIDES

### **Danny Foundation**

(800) 833-2669

### National Highway Traffic Safety Administration Auto Safety Hotline

(800) 424-9393 (Recording) (800) 424-9153 (TTY)

# National Institute for Occupational Safety and Health Information Inquiry Service

(800) 356-4674

# **National Program for Playground Safety**

(800) 554-PLAY (554-7529)

# **National Safety Council**

(800) 621-7615 (800) 767-7236 (National Radon Hotline)



# Office of Boating Safety, U.S. Coast Guard InfoLine

(800) 368-5647 (800) 689-0816 (TDD/TTY) 8:00 a.m.-4:00 p.m., Monday-Friday (eastern time)

#### Safe Sitter

(800) 255-4089 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

# U.S. Consumer Product Safety Commission Hotline

(800) 638-2772 (800) 638-8270 (TDD) Voicemail available 24 hours.

### **SEXUAL EDUCATION**

# Planned Parenthood Federation of America, Inc.

(800) 230-7526 (Recording) (800) 669-0156 (Order line)

### **SEXUALLY TRANSMITTED DISEASES**

See also AIDS/HIV

#### **American Social Health Association**

(800) 230-6039 9:00 a.m.-7:00 p.m., Monday-Friday (eastern time)

#### CDC National STD and AIDS Hotline

(800) 227-8922 English (STD) (800) 342-2437 English (AIDS) (800) 344-7432 Spanish (AIDS) (800) 243-7889 (TTY)

English: 24 hours/7 days a week; Spanish: 8:00 a.m.-2:00 a.m., 7 days a week (eastern time); TTY: 10:00 a.m.-10:00 p.m., Monday-Friday (eastern time)

#### SKIN DISEASE

# Foundation for Ichthyosis and Related Skin Types, Inc.

(800) 545-3286

# National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

(877) 226-4267 8:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **National Psoriasis Foundation**

(800) 723-9166

#### SPINAL CORD INJURY

See PARALYSIS AND SPINAL CORD INJURY

### **SMOKING**

# Smoking Quitline of the National Cancer Institute

(877) 44U-QUIT (448-7848) (800) 332-8615 (TTY) 9:00 a.m.-4:30 p.m., Monday-Friday (eastern time)

### Smoking, Tobacco and Health Information Line

Office on Smoking and Health (800) 232-1311 (Recording)

#### **STROKE**

See also PARALYSIS AND SPINAL CORD INJURY

# American Heart Association Stroke Connection

(888) 478-7653 6:00 a.m.-midnight (eastern time), Monday-Friday; 8:00 a.m.-10:00 a.m. (eastern time), Saturday

# National Institute of Neurological Disorders and Stroke

(800) 352-9424

8:30 a.m.-5:00 p.m., Monday-Friday, except Federal holidays (eastern time). Voicemail available after hours.

#### **National Stroke Association**

(800) STROKES (787-6537)

#### **STUTTERING**

# **National Center for Stuttering**

(800) 221-2483

### Stuttering Foundation of America, The

(800) 992-9392

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time), Voicemail available 24 hours

### SUBSTANCE ABUSE

See also ALCOHOL ABUSE and DRUG ABUSE

# **National Inhalant Prevention Coalition**

(800) 269-4237 (Recording)

# SAMHSA's National Clearinghouse for Alcohol and Drug Information

(800) 729-6686 (800) 487-4889 (TTY/TDD)

### SUDDEN INFANT DEATH SYNDROME

See RARE DISORDERS

### SURGERY/FACIAL PLASTIC SURGERY

# American Academy of Facial Plastic and Reconstructive Surgery

(800) 332-3223 8:30 a.m.-5:30 p.m., Monday-Friday

# American Society for Dermatologic Surgery, Inc.

(800) 441-2737 (Recording)

# American Society of Plastic Surgeons, Inc.

(888) 475-2784 (Referral Service) 8:00 a.m.-5:00 p.m., Monday-Friday (central time)

#### SUICIDE PREVENTION HOTLINES

# **National Hopeline Network**

(800) SUICIDE (784-2433)

### The Trevor Helpline

(800) 850-8078

The Trevor Helpline is a national toll-free suicide hotline for gay and questioning youth. Teens with nowhere to turn can call and talk to trained counselors, find local resources and take important steps on their way to becoming healthy adults.

### **TRAUMA**

### **American Trauma Society**

(800) 556-7890

### **UROLOGICAL DISORDERS**

### **American Association of Kidney Patients**

(800) 749-2257

8:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# American Foundation for Urologic Disease

(800) 242-2383 (Recording)

#### **American Kidney Fund**

(800) 638-8299

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Health Care Services (National Kidney Foundation)

(800) 622-9010

#### **Incontinence Information Center**

(800) 328-3881

9:00 a.m.-4:30 p.m., Monday-Friday (central time) Voicemail available after hours.



### **National Association for Continence**

(800) 252-3337

8:30 a.m.-5:30 p.m., Monday-Friday (eastern time)

#### **PKD Foundation**

(800) 753-2873

### **Prostate/BPH Information Center**

(800) 328-3881

9:00 a.m.-4:30 p.m. (central time), voicemail available after hours.

#### **Simon Foundation for Continence**

(800) 237-4666

#### **VENEREAL DISEASES**

See SEXUALLY TRANSMITTED DISEASES

#### **VETERANS**

### **Agent Orange Helpline**

(800) 749-8387

#### National Veterans Services Fund, Inc.

(800) 521-0198

9:00 a.m.-4:00 p.m., Monday-Friday

#### Paralyzed Veterans of America

(800) 424-8200

(800) 232-1782 Healthcare Hotline

(800) 416-7622 (TDD)

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### Veterans Affairs Health Benefits Service Center

(877) 222-8387

8:00 a.m.-8:00 p.m., Monday-Friday (eastern time)

#### VISION

See also LIBRARY SERVICES

#### American Council of the Blind

(800) 424-8666

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Better Vision Institute/Vision Council of America

(800) 424-8422

9:30 a.m.-5:00 p.m., Monday-Friday (eastern time)

#### **Blind Children's Center**

(800) 222-3566

(800) 222-3567 (International calls)

#### **Braille Institute**

(800) 272-4553

8:30 a.m.-5:00 p.m., Monday-Friday (Pacific time)

# **Foundation Fighting Blindness**

(800) 683-5555

(800) 683-5551 (TDD)

9:00 a.m.-4:00 p.m., Monday-Friday (eastern time)

#### **Glaucoma Research Foundation**

(800) 826-6693

# Guide Dog Foundation for the Blind, Inc.

(800) 548-4337

#### **Guide Dogs for the Blind**

(800) 295-4050

8:00 a.m.-5:00 p.m., Monday-Friday (Pacific time)

### **Lighthouse International**

Center for Education, Information and Resource Service (800) 829-0500

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# Louisiana Center for the Blind

(800) 234-4166

8:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### **National Alliance of Blind Students**

(800) 424-8666

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

# National Association for Parents of Children with Visual Impairments

(800) 562-6265 (Recording)

9:00 a.m.-5:00 p.m., Monday-Friday (eastern time)

### National Family Association for Deaf-Blind

(800) 255-0411 x275 (Voice and TTY)

8:45 a.m.-4:30 p.m., Monday-Friday (eastern time)



# National Information Clearinghouse on Children Who Are Deaf-Blind (DB-LINK)

(800) 438-9376 (800) 854-7013 (TTY)

# **Prevent Blindness Center for Sight**

(800) 331-2020

# **Seniors EyeCare Program**

(800) 222-3937

#### **VIOLENCE**

### **National Domestic Violence Hotline**

(800) 799-SAFE (799-7233) (800) 787-3224 (TDD)

# National Organization for Victim Assistance

(800) TRY-NOVA (879-6682)

# Rape, Abuse, and Incest National Network

(800) 656-4673

#### WOMEN

#### **Endometriosis Association**

(800) 992-3636 (Recording)

# **National Osteoporosis Foundation**

(800) 223-9994

# National Women's Health Information Center

(800) 994-9662 (888) 220-5446 (TDD) 9:00 a.m.-6:00 p.m., Monday-Friday

### **PMS Access**

(800) 222-4767 (Recording) 7:30 a.m.-5:30 p.m. (central time)

# Women's Health America Group

(800) 558-7046 (Recording)

# Women's Sports Foundation

(800) 227-3988

# For more health promotion and disease prevention information-

Search online for thousands of free Federal health documents using healthfinder® at http://www.healthfinder.gov

# For health promotion and disease prevention information in Spanish-

Search online at http://www.healthfinder.gov/espanol.





# TOLL-FREE NUMBERS FOR HEALTH INFORMATION • DIAL 1-800 (unless 866/877/888 is specified)

ABLEDATA, 227-0216

ADCARE Hospital Helpline, 252-6465

Aerobics and Fitness Foundation of America, 968-7263 (Consumers); 446-2322 (Professionals)

Agency for Healthcare Research and Quality Clearinghouse, 358-9295

Agent Orange Helpline, 749-8387

AIDS Info., 448-0440; (888) 480-3739 (TTY)

Al-Anon Family Group Headquarters, 425-2666

Alcohol and Drug Helpline, 821-4357

Alliance for Aging Research, 639-2421

Alzheimer's Association, 272-3900

Alzheimer's Disease Education and Referral Center, 438-4380

American Academy of Allergy, Asthma and Immunology, 822-2762

American Academy of Facial Plastic and Reconstructive Surgery, 332-3223

American Alliance for Health, Physical Education, Recreation and Dance, 213-7193

American Association of Critical Care Nurses, 899-2226

American Association of Diabetes Educators, 338-3633

American Association of Kidney Patients, 749-2257

American Association of Poison Control Centers, 222-1222

American Autoimmune Related Diseases Association, Inc., 598-4668

American Behcet's Disease Association, 723-4238

American Brain Tumor Association, 886-2282

American Cancer Society, National Cancer Information Center, 227-2345 (Voice/TDD/TT)

American Chiropractic Association, 986-4636

American Cleft Palate-Craniofacial Association/Cleft Palate Foundation, 242-5338

American Council for Headache Education, 255-2243

American Council of the Blind, 424-8666

American Council on Alcoholism, 527-5344

American Council on Exercise, 825-3636

American Counseling Association, 347-6647

American Dental Association, 947-4746; 621-8099 (Public Information)

American Diabetes Association, 342-2383; 232-6733 (Fax Order Fulfillment)

American Dietetic Association's Consumer Nutrition Hotline. 366-1655

American Foundation for Urologic Disease, 242-2383

American Health Assistance Foundation, 437-2423

American Heart Association, 242-8721

American Heart Association Stroke Connection, (888) 478-7653

American Institute for Cancer Research, 843-8114

American Juvenile Arthritis Organization, 283-7800

American Kidney Fund, 638-8299

American Leprosy Missions (Hansen's Disease), 543-3135

American Liver Foundation, 223-0179

American Lung Association, 586-4872; 528-2971 (Living Bank)

American Nurses Association, 274-4262

# 2005 Toll-Free Numbers



American Occupational Therapy Association, 729-2682; 377-8555 (TDD)

American Osteopathic Association, 621-1773

American Parkinson's Disease Association, 223-2732

American Podiatric Medical Association, Inc., 366-8227

American Running Association, 776-2732

American SIDS Institute, 232-7437

American Social Health Association, 230-6039

American Society for Deaf Children, 942-2732

American Society for Dermatologic Surgery, Inc., 441-2737

American Society of Plastic Surgeons, Inc. 475-2784

American Speech-Language-Hearing Association, 638-8255

American Thyroid Association, 849-7643

American Trauma Society, 556-7890

Americans with Disabilities Act Information Center, 949-4232 (Voice/TTY)

Amyotrophic Lateral Sclerosis Association, 782-4747

Angle Flight, (877) 247-5433

Aplastic Anemia and MDS International Foundation, Inc., 747-2820

ARC of the United States, The, 433-5255

Arthritis Foundation: Arthritis Answers Information Hotline, 283-7800

Arthritis National Research Foundation, 588-2873

Association for Applied Psychophysiology and Biofeedback, 477-8892

Association of American Physicians and Surgeons, 635-1196

Association of Operating Room Nurses, 755-2676

Asthma and Allergy Foundation of America, 727-8462

Asthma Information Line, 822-2762

Back to Sleep SIDS Information Campaign, 505-CRIB (2742)

Batten's Disease Support and Research Association, 448-4570

Bethany Christian Services, 238-4269

Better Vision Institute/Vision Council of America, 424-8422

Blind Children's Center, 222-3566

Bradley Method of Natural Childbirth, 422-4784

Braille Institute, 272-4553

Brain Injury Association, 444-6443

Brain Tumor Society, The, 770-TBTS

Calix Society, 398-0524

Cancer Hope Network, (877) 467-3638

Candlelighters Childhood Cancer Foundation, 366-2223

Captioned Media Program, National Association for the Deaf, 237-6213; 237-6819 (TTY); 538-5636 (Fax)

CDC National Prevention Information Network, 458-5231; 243-7012 (TTY); (888) 282-7681 (Fax)

CDC National STD and AIDS Hotline, 227-8922 (STD/English); 342-2437 (AIDS/English); 344-7432 (AIDS/Spanish); 243-7889 (TTY)

Center for Food Safety and Applied Nutrition, (888) 723-3366

CFIDS Association of America, 442-3437

Charcot-Marie-Tooth Association, 606-2682

Child Find of America, Inc., 426-5678; 292-9688

Childhelp USA® National Child Abuse Hotline, 422-4453

# 2005 Toll-Free Numbers



Children and Adults with Attention Deficit/Hyperactivity Disorder, 233-4050

Children's Brain Tumor Foundation, (866) 228-HOPE (4673)

Children's Craniofacial Association, 535-3643

Children's Hospice International, 242-4453

Christopher Reeve Paralysis Association, 225-0292

College of American Pathologists, 323-4040

Cooley's Anemia Foundation, 522-7222

Cornelia de Lange Syndrome Foundation, 223-8355; 753-2357

Covenant House Nineline, 999-9999

Crohn's and Colitis Foundation of America, Inc., 932-2423

Cystic Fibrosis Foundation, 344-4823

Danny Foundation, 833-2669

DB-Link, 438-9376; 854-7013 (TTY)

DES Action USA, 337-9288

Dial A Hearing Screening Test, 222-3277 (Voice)

Division of Diabetes Translation, National Center for Chronic Disease Prevention and Health Promotion, CDC, (877) 232-3422

Drug-Free Workplace Helpline, 967-5752

Drug Help, 488-3784

Drug Policy Information Clearinghouse, White House Office of National Drug Control Policy, 666-3332

Dystonia Medical Research Foundation, 377-3978

Ear Foundation at Baptist Hospital, 545-4327

Easter Seal Society, 221-6827

Eldercare Locator, 677-1116

Endometriosis Association, 992-3636

Environmental Justice Information Line, 962-6215

Epilepsy Foundation, 332-1000; 332-4050 (Library); 213-5821 (Publications)

Epilepsy Information Service, 642-0500

FACES: The National Craniofacial Association, 332-2373

Families of Spinal Muscular Atrophy, 886-1762

Federal Emergency Management Agency, 879-6076

Federal Information Center, GSA, 688-9889; 326-2996 (TTY)

Fibromyalgia Network, 853-2929

Food Allergy and Anaphylaxis Network, 929-4040

Foster Care Helpline, (866) 542-8336 x235

Foundation Fighting Blindness, 683-5555; 683-5551 (TDD)

Foundation for Ichthyosis and Related Skin Types, Inc., 545-3286

Gay, Lesbian, Bisexual, and Transgender Helpline, (888) 340-4528

Gay & Lesbian National Hotline, (888) 843-4564

Genetic Alliance, 336-4363

Genetic and Rare Diseases Information Center, (888) 205-2311; (888) 205-3223 (TTY)

Girls & Boys Town National Hotline, 448-3000; 448-1833 (TDD)

Glaucoma Research Foundation, 826-6693

Guide Dog Foundation for the Blind, Inc., 548-4337

Guide Dogs for the Blind, 295-4050

Health Care Services (National Kidney Foundation), 622-9010

Health Resources and Services Administration Information Center, (888) 275-4772

Hear Now, 648-4327 (Voice/TDD)

Heart Information Service, 292-2221

Hepatitis Foundation International, 891-0707

HHS Inspector General's Hotline, 447-8477



Hill-Burton Free Medical Care Program, 638-0742; 492-0359 (in MD)

Histiocytosis Association of America, 548-2758

HIV/AIDS Treatment Information Service, 448-0440

Housing and Urban Development Drug Information and Strategy Clearinghouse, 955-2232

Housing and Urban Development User, 245-2691; 483-2209 (TDD)

Human Growth Foundation, 451-6434

Huntington's Disease Society of America, 345-4372

Immune Deficiency Foundation, 296-4433

Impotence Information Center, 328-3881

Incontinence Information Center, 328-3881

Indoor Air Quality Information Clearinghouse, 438-4318

Insure Kids Now, (877) 543-7669

International Childbirth Education Association, 624-4934 (orders only)

International Chiropractors Association, 423-4690

International Dyslexia Association, 222-3123

International Essential Tremor Foundation, (888) 387-3667

International Hearing Society, 521-5247

International Rett Syndrome Association, 818-7388

Job Accommodation Network, 232-9675 (Voice/TTY); 526-7234 (Voice/TTY)

John Tracy Clinic, 522-4582 (Voice/TDD)

Joseph and Rose Kennedy Institute of Ethics, 633-3849

Juvenile Diabetes Foundation International Hotline, 223-1138

Kidney Cancer Association, 850-9132

La Leche League International, 525-3243

Lamaze International, 368-4404

Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd., (888) 257-1107

Leukemia & Lymphoma Society, 955-4572

Liberty Godparent Home, 542-4453

Lighthouse International, Center for Education, Information and Resource Service, 829-0500

Living Bank, 528-2971

Louisiana Center for the Blind, 234-4166

Lupus Foundation of America, (888) 385-8787

Lyme Disease Foundation, Inc., 886-5963

MAGIC Foundation for Children's Growth, 362 4423

Medical Institute for Sexual Health, 892-9484

MedicAlert Foundation, 432-5378

Medicare Issues Hotline, 633-4227; 820-1202 (TDD/TTY)

Mercy Medical Airlift/National Patient Travel Center, 296-1217

Multiple Sclerosis Association of America, 532-7667

Multiple Sclerosis Foundation, 441-7055

Muscular Dystrophy Association, 572-1717

Myasthenia Gravis Foundation, 541-5454

National Abortion Federation, 772-9100

National Adoption Center, 862-3678

National Alliance for the Mentally III, 950-6264

National Alliance of Blind Students, 424-8666

National Association for Continence, 252-3337

National Association for Parents of Children with Visual Impairments, 562-6265

National Association for the Education of Young Children, 424-2460

National Association of Hospital Hospitality Houses, Inc., 542-9730



National Association of Radiation Survivors, 798-5102

National Bone Marrow Transplant Link, 546-5268

National Brain Tumor Foundation, 934-2873

National Cancer Institute's Cancer Information Service, 422-6237

National Center for Complementary and Alternative Medicine Clearinghouse, (888) 644-6226 (Voice and Fax-back), (866) 464-3615 (TTY)

National Center for HIV, STD, and TB Prevention, CDC, (888) 232-3228

National Center for Missing and Exploited Children, 843-5678; 826-7653 (TDD)

National Center for Stuttering, 221-2483

National Child Care Information Center, 616-2242; 516-2242 (TTY); 716-2242 (Fax)

National Clearinghouse of Rehabilitation Training Materials, 223-5219

National Clearinghouse on Child Abuse and Neglect Information, 394-3366

National Council on Alcoholism and Drug Dependence, Inc., 622-2255

National Council on Problem Gambling, 522-4700

National Criminal Justice Reference Service, 851-3420

National Dairy Council, 426-8271; 974-6455 (Fax)

National Dissemination Center for Children with Disabilities, 695-0285 (Voice/TTY)

National Domestic Violence Hotline, 799-7233; 787-3224 (TDD)

National Down Syndrome Congress, 232-6372

National Down Syndrome Society Hotline, 221-4602

National Family Association for Deaf-Blind, 255-0411 x275

National Fire Protection Association, 344-3555

National Foundation for Depressive Illness, 239-1265

National Fragile X Foundation, 688-8765

National Gaucher Foundation, 925-8885

National Hansen's Disease Programs, 642-2477

National Headache Foundation, (888) 643-5552

National Health Information Center, 336-4797

National Health Service Corps, 221-9393 (Scholarships/Loan Repayment & Job Opportunities in underserved areas)

National Heart, Lung, and Blood Institute Health Information Center, 575-9355 (High Blood Pressure and Cholesterol Information Hotline)

National Hemophilia Foundation, (888) 463-6643

National Highway Traffic Safety Administration Auto Safety Hotline, 424-9393; 424-9153 (TTY)

National Hispanic Family Health Helpline, (866) SU-FAMILIA (783-2645)

National Hispanic Indoor Air Quality Helpline, 725-8312

National Hispanic Prenatal Helpline, 504-7081

National Hopeline Network, 784-2433

National Hospice and Palliative Care Organization, 658-8898

National Immunization Information Hotline, 232-2522; 232-0233 (Spanish); 243-7889 (TTY)

National Information Clearinghouse on Children Who Are Deaf-Blind, 438-9376; 854-7013 (TTY)

National Inhalant Prevention Coalition, 269-4237

National Institute for Occupational Safety and Health Information Inquiry Service, 356-4674

National Institute for Rehabilitation Engineering, 736-2216

National Institute of Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse, (877) 226-4267

National Institute of Child Health and Human Development Information Resource Center, 370-2943

National Institute of Mental Health, (866) 615-6464



National Institute of Neurological Disorders and Stroke, 352-9424

National Institute on Aging Information Center, 222-2225; 222-4225 (TTY)

National Institute on Deafness and Other Communication Disorders Information Clearinghouse, 241-1044; 241-1055 (TTY)

National Jewish Medical and Research Center, 552-5864 (LUNG FACTS); 222-5864 (LUNG LINE)

National Lead Information Center, 424-5323 (Clearinghouse); 877-8339 (TDD)

National Library of Medicine, (888) 346-3656

National Library Service for the Blind and Physically Handicapped, 424-8567

National Life Center/Pregnancy Hotline, 848-5683

National Lymphedema Network, 541-3259

National Marfan Foundation, 862-7326

National Marrow Donor Program®, 627-7692

National Mental Health Association Resource Center, 969-6642; 433-5959 (TTY)

National Multiple Sclerosis Society, 344-4867

National Neurofibromatosis Foundation, 323-7938

National Organization for Albinism and Hypopigmentation; 473-2310

National Organization for Rare Disorders, 999-6673

National Organization for Victim Assistance, 879-6682

National Organization on Fetal Alcohol Syndrome, 666-6327

Parents Resource Institute for Drug Education (PRIDE), 279-6361 (Surveys); 668-9277 (Youth Program)

National Parkinson Foundation, Inc., 327-4545

National Pediculosis Association, 446-4672

National Pesticide Information Center, 858-7378

National Program for Playground Safety, 554-7529

National Psoriasis Foundation, 723-9166

National Rehabilitation Information Center, 346-2742

National Resource Center on Domestic Violence, 537-2238

National Resource Center on Homelessness and Mental Illness, 444-7415

National Reye's Syndrome Foundation, 233-7393

National Runaway Switchboard, 621-4000; 621-0394 (TDD)

National Safety Council, 621-7615

National Spasmodic Torticollis Association, 487-8385

National Spinal Cord Injury Association, 962-9629

National Stroke Association, 787-6537

National Technical Information Service, 553-6847

National Veterans Services Fund, 521-0198

National Women's Health Information Center, 994-9662

National Youth Crisis Hotline, 448-4663

Neurofibromatosis, Inc., 942-6825 (Hotline)

Office of Boating Safety, U.S. Coast Guard InfoLine, 368-5647, 689-0816 (TDD/TTY)

Office for Civil Rights, U.S. Department of Health and Human Services, 368-1019

Office of Minority Health Resource Center, 444-6472

Osteogenesis Imperfecta Foundation, 981-2663

Osteoporosis and Related Bone Diseases~National Resource Center, 624-2663

Paget Foundation for Paget's Disease of Bone and Related Disorders, 237-2438

Paralyzed Veterans of America, 424-8200; 232-1782; 416-7622 (TDD)

Parents Resource Institute for Drug Education (PRIDE), 279-6361 (Surveys); 668-9277 (Youth Program)

Parkinson's Disease Foundation, 457-6676



Peer Listening Line, 399-7337

Pension Benefit Guaranty Corporation, 400-7242

Persian Gulf Veterans Information Helpline, 749-8387

Phoenix Society for Burn Survivors, 888-2876

Planned Parenthood Federation of America, 230-7526; 669-0156 (Order line)

PMS Access, 222-4767

PKD Foundation, 753-2873

Prader-Willi Syndrome Association, 926-4797

Prenatal Care Hotline, 311-2229

Prevent Blindness Center for Sight, 331-2020

Prevent Child Abuse America, 556-2722

Prostate/BPH Information Center, 328-3881

Project Inform HIV/AIDS Treatment Hotline, 822-7422

Rape, Abuse, and Incest National Network, 656-4673

Recording for the Blind and Dyslexic, 221-4792

Research to Prevent Blindness, 621-0026

Restless Legs Syndrome Foundation, (877) 463-6757

Safe Drinking Water Hotline, 426-4791

Safe Sitter, 255-4089

SAMHSA's National Clearinghouse for Alcohol and Drug Information, 729-6686; 487-4889 (TTY/TDD)

SAMHSA's National Mental Health Information Center, 789-2647; (866) 889-2647 (TDD)

School Nutrition Association, 877-8822

Scleroderma Foundation, 722-4673

Scoliosis Association, 800-0669

Seniors EyeCare Program, 222-3937

Shriners Hospital for Children Referral Line, 237-5055

Sickle Cell Disease Association of America, Inc., 421-8453

SIDS Alliance, 221-7437

Simon Foundation for Continence, 237-4666

Sjogren's Syndrome Foundation, Inc., 475-6473

Smoking Quitline of the National Cancer Institute, (877) 448-7848; 332-8615 (TTY)

Smoking, Tobacco and Health Information Line, Office on Smoking and Health, 232-1311

Social Security Administration, 772-1213

Spina Bifida Association of America, 621-3141

Spondylitis Association of America, 777-8189

Starlight Starbright Children's Foundation, 274-7827

Sturge-Weber Foundation, 627-5482

Stuttering Foundation of America, 992-9392

Support Organization for Trisomy 18, 13 and Related Disorders, 716-7638

Susan G. Komen Breast Cancer Foundation, 462-9273

Thyroid Foundation of America, Inc., 832-8321

TOPS (Taking Off Pounds Sensibly) Club, Inc., 932-8677

Tourette Syndrome Association, Inc., 237-0717

Trevor Helpline, 850-8078

Tuberous Sclerosis Alliance, 225-6872

Turner Syndrome Society of the United States, 365-9944

United Cerebral Palsy Association, 872-5827

United Leukodystrophy Foundation, 728-5483

United Network for Organ Sharing, (888) 894-6361

United Ostomy Association, 826-0826

U.S. Consumer Product Safety Commission Hotline, 638-2772; 638-8270 (TDD)

U.S.D.A. Meat and Poultry Hotline, (888) 674-6854

U.S. Food and Drug Administration, 332-1088 (Medwatch); (888) 463-6332 (Consumer Inquiries)

U.S. Fish & Wildlife Service, 344-9453





USP Practitioners Reporting Network, 487-7776; 233-7767 (Medication Error)

Us Too! International, 808-7866

Vestibular Disorders Association, 837-8428

Veterans Affairs Health Benefits Service Center, (877) 222-8387

Wegener's Granulomatosis Association, Inc., 277-9474

Weight Control Information Network (WIN), (877) 946-4627

Well Spouse Foundation, 838-0879

Wilson's Disease Association, 399-0266

Women's Health America Group, 558-7046

Women's Sports Foundation, 227-3988

YMCA of the USA, 872-9622

Y-ME National Organization for Breast Cancer Information Support Program, 221-2141 (English), 986-9505 (Spanish)

Youth Legal Information Line, 528-6257

Zero to Three: National Center for Infants, Toddlers and Families, 899-4301



